

COUNTY CHAMPIONSHIP
Saturday Oct. 29th 2016
(MAKE-UP DATE SUNDAY October 30th)
Bethpage State Park

****Up to 10 runners per team may compete in the Varsity Race**

****In order to run any member in the non-scorer race, there must be first a min. of 7 runners in the Varsity race.**

****If a team comprises of less than 7 members they still must run in the Varsity race regardless of ability**

All teams are allowed to participate:

All runners must wear a 3x5 INDEX CARD WITH NAME, SCHOOL, AND COMPETITOR NUMBER.
(SAME AS WEEKDAY LEAGUE MEETS)

In order for any athlete to compete in the varsity race they must have competed in six sanctioned meets representing his/her school prior, or have an approved medical waiver by Nina Van Erk & the sectional coordinators.

The individual winner and team will be recognized as Class I, II, III County Champions.

CLASS I: FREEPORT – MEPHAM
CLASS II: GREAT NECK SOUTH – BETHPAGE
CLASS III LAWRENCE – EAST ROCKAWAY

9 AM Varsity CLASS I BOYS
9:30 AM Varsity CLASS I GIRLS
10 AM Non-Scorer CLASS I BOYS
10:10 AM Non-Scorer CLASS I GIRLS
10:45 AM AWARDS CLASS I (Varsity Only)

11:00 AM Varsity CLASS II BOYS
11:30 AM Varsity CLASS II GIRLS
12:00 PM Non-Scorer CLASS II BOYS
12:10 PM Non-Scorer CLASS II GIRLS
12:45 PM CLASS II AWARDS (Varsity Only)

1 PM Varsity CLASS III BOYS
1:30 PM Varsity CLASS III GIRLS
2 PM Non-Scorer CLASS III BOYS
2:10 PM Non-Scorer CLASS III GIRLS
2:45 PM CLASS III AWARDS (Varsity Only)

ALL COUNTY: The first 25 runners in each race will make All County (I, II, III).

Qualifying Procedure for the State Qualifier-November 5th

Class I Race: The top 12 teams and the top 12 individuals not on those teams will qualify for the state qualifier.

Class II Race: The top 12 teams and the top 12 individuals not on those teams will qualify for the state qualifier.

Class III Race: The top 9 State Class B teams and the top 9 State Class B individuals not on those teams will qualify for the state qualifier.

All State Class C + D teams and all State Class C + D individuals will qualify for the state qualifier.

THE SECTION VIII CROSS-COUNTRY COMMITTEE CAN RULE ON SPECIAL CIRCUMSTANCES AND PERMIT A TEAM OR INDIVIDUAL TO COMPETE IN THE STATE QUALIFYING MEET ON NOVEMBER 5th.

Nassau County Cross-Country Championship
Bethpage State Park
Saturday October 29th 2016

Box Assignments

Position 1 is closest to the red boards

<u>Class I County Race</u>		<u>Class II County Race</u>		<u>Class III County Race</u>	
<u>Position</u>	<u>School</u>	<u>Position</u>	<u>School</u>	<u>Position</u>	<u>School</u>
1	Valley Stream Ctrl	1	New Hyde Park	1	Floral Park
2	Hicksville	2	Manhasset	2	North Shore
3	Farmingdale	3	Roslyn	3	Clarke
4	Hempstead	4	Sewanhaka	4	Wheatley
5	Calhoun	5	South Side	5	Friends Academy
6	MacArthur	6	JFK Bellmore	6	Cold Spring Harbor
7	Massapequa	7	Great Neck South	7	East Rockaway
8	Long Beach	8	Division	8	Seaford
9	East Meadow	9	Jericho	9	Locust Valley
10	Baldwin	10	Wantagh	10	Island Trees
11	Plainview	11	Garden City	11	Valley Stream North
12	Port Washington	12	Glen Cove	12	Mineola
13	Mepham	13	Hewlett	13	Carle Place
14	Syosset	14	Roosevelt	14	West Hempstead
15	Oceanside	15	Carey	15	Oyster Bay
16	Herricks	16	Bethpage	16	Valley Stream South
17	Westbury	17	Great Neck North	17	Lawrence
18	Uniondale	18	Elmont	18	Lynbrook
19	Freeport	19	Plainedge		